Lt. Col. MEHAR LITTLE ANGELS SR. SEC. SCHOOL
B-5 BLOCK, PASCHIM VIHAR, NEW DELHI - 110063
HALF YEARLY SYLLABUS (2026-27)
CLASS IX

SUBJECT	IX A	IX B	IX C
PHYSICAL EDUCATION AND WELL BEING	MR. DHRUV	MR. DHRUV	MR. DHRUV
KAUSHAL VIKAS	MS. SHWETA NARAYAN	MS. NEHA	MS. AMARJEET KAUR
INDIVIDUALS IN SOCIETY	MS. KAVITA CHAUHAN	MS. SIMARPREET KAUR	MS. SHAGUN CHAWLA

PHYSICAL EDUCATION AND WELL BEING

Unit 1: Development of Physical Culture in India

Definition, Meaning, Aims and Objectives of Physical Education

- History and Culture of Physical Education and Sports in India
- Introduction to Physical Literacy
- Career Prospects

KAUSHAL VIKAS

Chapter No. 1-Introduction to Agricultural Practices

INDIVIDUALS IN SOCIETY

Chapter No.1-Me and My Inner Light